
BOWEL CANCER AWARENESS



BOWEL CANCER AWARENESS APRIL 2022 - DO YOU HAVE CONCERNS?

Every 15 minutes somebody is diagnosed with bowel cancer in the UK, which equates to 43,000 people every year!

Bowel cancer is the fourth most common cancer in the UK and the second biggest cancer killer, however the number of deaths has fallen drastically since 1970. **Early diagnosis and treatment will help to keep these numbers falling.**

More than nine out of ten new cases (94%) are diagnosed in people over the age of 50, and nearly six out of ten cases (59%) are diagnosed in people aged 70 or over. Bowel cancer can affect any one of any age. More than 2,600 new cases are diagnosed each year in people under the age of 50. 1 in 15 men and 1 in 18 women will be diagnosed with bowel cancer during their lifetime.

Remember bowel cancer is treatable and curable especially if diagnosed early, don't wait, book to see a medical professional as soon as possible.

What should you look out for...

- **Bleeding from your bottom and/or blood in your poo**
- **Odd and unexplained changes in your bowel habits**
- **Weight loss that is unexplained**
- **Extreme tiredness without an explanation for it**
- **Lump or pain in your tummy**

These symptoms can also be common symptoms for other health issues such as; piles, IBS, Crohn's... so don't panic just get yourself checked out by a medical professional.

Treatments....

If you have been diagnosed with bowel cancer there are various treatments available including; Surgery, Chemotherapy, Radiotherapy, Clinical trials and more....

It is imperative that you get yourself checked the minute you feel like something is not quite right.

To find out more about Bowel Cancer why not visit one of the sites below, visit your GP or book a Private Consultation if you do not want to wait. Sutton Medical website lists the Colorectal and General Medical Consultants available to you, who specialise in all bowel and stomach conditions, or call the team on 0121 308 7774 or email admin.team@suttonmed.co.uk for more information.

<https://www.bowelcanceruk.org.uk/about-bowel-cancer/bowel-cancer/>

<https://www.cancerresearchuk.org/health-professional/awareness-and-prevention/be-clear-on-cancer/bowel-cancer-campaign#bowelbcoc5>

